

Adventure Quest

WHAT TO BRING – CHECKLIST

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BIBLE (COMPLETE TEXT)

WRITING MATERIALS

SLEEPING BAG, SHEET, PILLOW (BEDROLL COULD BE MADE FROM BLANKETS)

CLOTHING SUITABLE FOR OUTDOOR LIFE FOR FIVE DAYS. (COOL EVENINGS/HOT DAYS)

PAJAMAS

XTRA CHANGES OF SOCKS AND UNDERWEAR

HEAVY SWEATER OR JACKET

COMFORTABLE SHOES FOR HIKING AND HEAVY SOCKS – **NO SANDALS**

EXTRA PAIR OF **OLD TENNIS SHOES** FOR PADDLING AND WATER GAMES

RAIN GEAR

BATHING SUIT

TOWELS (AT LEAST TWO—ONE FOR SHOWER AND ONE FOR LAKE/PADDLING) and WASH CLOTH

PERSONAL ARTICLES (TOOTHPASTE/ BRUSH, SOAP, COMB, ETC.)

SMALL BACKPACK / BOOKBAG FOR USE AROUND CAMP AND ON OFF-SITE TRIPS

FLASHLIGHT

SUN HAT WITH BRIM THAT GOES ALL THE WAY AROUND (FOR PADDLING)

SUNSCREEN

AS LITTLE BAGGAGE AS POSSIBLE – ONE SUITCASE AND BEDROLL

BOOK OR HANDWORK (OPTIONAL FOR QUIET TIME AND VAN RIDES)

FLIP FLOPS (OPTIONAL FOR SHOWERS ONLY)

BUG REPELLENT

POCKET KNIFE

DO NOT BRING RADIOS, COMIC BOOKS, T.V.s, IPODs, VIDEO GAMES, CELL PHONES, LAPTOPS, FOOD, TOBACCO, FIRE-CRACKERS, ETC.

Be sure to mark all of your belongings with your name. Camp Overlook cannot be responsible for lost, damaged or stolen property. *We do hold lost and found for two weeks before donating it to the Salvation Army*